



1.6 Billion
people are on
Facebook

If it were a
country
it would be

THE

largest
in the world

Facebook Guide



Create

Add your voice to the conversation. Start a Facebook account today.



Connect

Access great LDS content online. Check out our list of LDS accounts.



Contribute

Accelerate the work of sharing the gospel. Learn the tips & tricks for using Facebook.



Caution

Avoid the dangers of interacting online. Protect yourself with these simple steps.



Create



Connect



Contribute



Caution

Create



Facebook.com > "Sign Up"



Fill out info

Mention LDS
details in your
info & interests



Choose interests



Add profile pic & cover photo

Use LDS or
family- themed
photos

Basic Information

Birthday November 13
Gender Male
Interested In Women
Languages American English, British English and Spanish
Religious Views Christian-The Church of Jesus Christ of Latter-day Saints
I'm a Mormon. I know it. I live it. I love it.

Mention LDS
details in your
info & interests

Likes

Inspirational People 8 Restaurants Websites Athletes Sports Teams Sports Interests Activities More



St Stephen



Joseph Smith, Jr.



Paul the Apostle



Saint Peter the Apostle



Dieter F. Uchtdorf



Thomas S. Monson



Jesus Christ



Wall

- Info
- Photos (31)
- Notes
- Friends

Friends (240)



Adam Myregard



Clarice Rucker

Keith Goodbrake
Stockdale High

Sara Trask



Cristy Wilhite



Daylen Evans

Caitlin Rebecca Killion

Studying Computer Information Systems at Idaho State University Lives in Pocatello, Idaho

From Bakersfield, California Born on November 22, 1992



Share: Post Photo Link Video



Emily Parra

So I saw you with that 80's style sweater and didn't know what to think. Now I know why.

about an hour ago · Like · Comment



Caitlin Rebecca Killion Yep. Ugly sweater party. Haha.

about an hour ago via Facebook Mobile · Like

Write a comment...

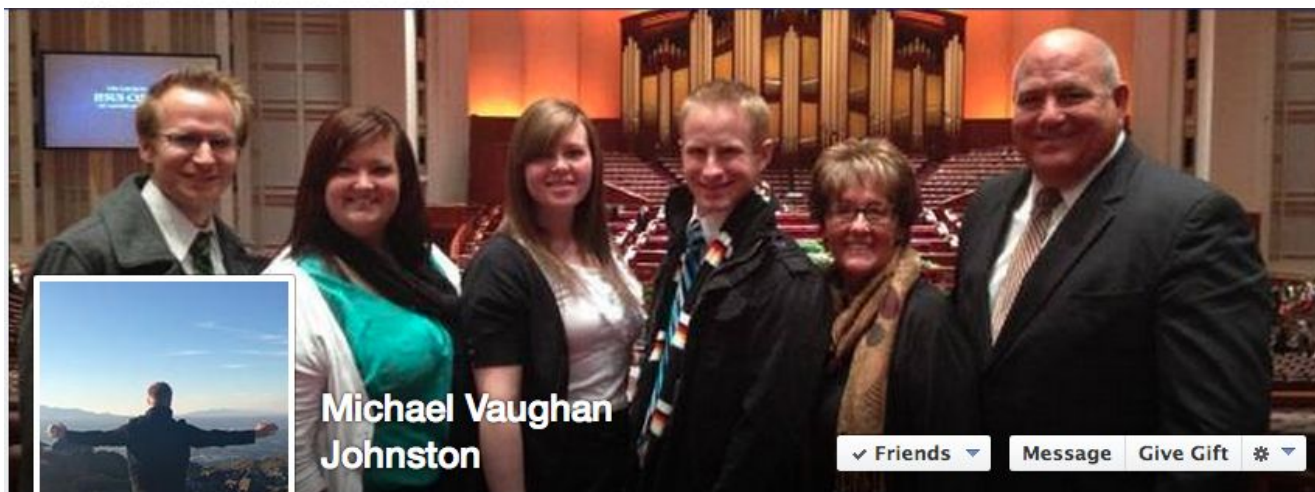


Caitlin Rebecca Killion



My first time going to Temple!

10 new photos

Michael Vaughan
Johnston

Friends

Message

Give Gift

Use LDS or
family- themed
photos

ACTIVITY

Login to Facebook.

Add an LDS detail to your bio or interests, or add an LDS pic as your cover photo.

You have 2 minutes! Go!

FOLLOW-UP

What did you add?

What else could you
add in the future?



Create



Connect



Contribute



Caution

Connect

Like LDS themed
pages & join LDS &
interfaith groups

Connect with LDS Facebook Accounts

Share LDS themed
posts on your time
line & in messages



Facebook.com/LDS	Fair Mormon	LDS General Conference	LDS Mission Calls
Mormon.org	Ensign Magazine	Mormon Women: Who We Are	Creative LDS Quotes
Mormon Women Stand	New Era Magazine	AskGramps	Happy Mormons
Mormon Channel	Liahona Magazine	Mormonbible.org	LDS S.M.I.L.E.
Joseph Smith Papers	Church History Museum	BoM YouTube Challenge	Mormon Temples
Mormon Tabernacle Choir	Church History Library	BoM Two-Minute Challenge	Mormon Youth
Helping in the Vineyard	Family History Library	Mormon Beliefs	LDS YouTube Videos
LDS Seminary	Family Search	LDS Youth	LDS quotes
LDS Institute	LDS.net	LDS Living	LDS Images
Temple Win	More Good Foundation	LDS Share	I Believe Podcast

ACTIVITY

With a partner, look up 10 of the pages on the Connect list and “Like” at least three.

You have 2 minutes! Go!

FOLLOW-UP

What new pages or profiles
did you learn about?

What did you like?



Create



Connect



Contribute



Caution

Contribute

Make it Clear



Connections

- Tag people, places, & things in posts and photos
- Include emoticons
- Post Quotes



Length

- Match length to subject
- Keep it under 80 characters
- Embed & describe videos, photos, or memes in posts

Share LDS quotes, images, & videos. Link to the source.

Make it Current



Trends

- Keep up on news & trends
- Acknowledge special events
- Post trivia, fill-in-the-blank, or 'caption this' posts



Interaction

- Reply to comments on posts
- Ask questions
- Send & respond to messages

Post reminders for & reflections on church gatherings.

Make it Count



Influence

- Consider triggers: emotions, beliefs, & experiences
- Like, comment, & share posts



Sharing Testimony

- Simple
- Personal
- Honest

Share your beliefs & experiences. Include LDS details.



Jeremy Vick

10/13, 2:40am

Cuz... I notice you have a strong believe in our Savior Jesus Christ. I believe you know my Mom and our family are Mormon. I wanted you to know that if you ever want to learn more about our church, and eternal families, I would love to share it with you. I know that when we are done with this life we can all be together forever. No offense if you do not, but if you do, let me know.

October 13, 2014



Christine Vigil

10/13, 8:47am

Yes I know but I had to deleted people out of my list cause of dirty doing u know we all have family but my husband are besides the point. I will Tex u later.



Christine Vigil

10/13, 9:04am

I believe in god with all my heart I was brought up Catholic went to Catholic School but I always put god first no matter what. But I get upset with people when there husband get sick or what ever happen then they want god. There hypocritical people so I just decided to take out those people out. I am tired of them there has always been alot of jealousy in the family that's my husband site I am a very out spoken person so i guess they talk crap but i alway read my bible an sight though face book to help my self but if u like i will listen to any thing u have any thing about God i love i cry when i hear the way he was crucified for us it touches my heart but if you have anything to tell me without the matter I'm all ears love you cousin



Christine Vigil

10/13, 9:08am

Ur mom an dad took me to ur church one time when I was in fresno u were small than
I was a little confuse on your saint compare to ours but I am a listener I like to hear

October 15, 2014 3:43 pm

Well, I enjoyed your testimony! My Mom is traveling a bit and wants to share as well. I will reach out to you in a week or two if that is ok.



Yes cuz u may I always have my ears an heart open for u love u



David X Gala

August 28, 2014 · 1

This one's for you Jeremy Vick
— at Hilton Garden Inn Idaho Falls.



Like

Comment

Share

Buffer

You and 2 others like this.



Jeremy Vick Wow, that is a great shot **David!** I have been there a couple of times. My brother-in-law was married at that Idaho Falls Temple. In fact, he lives up that way and we go up there a bit. You there for work? Family? You ever see the inside of one of the Temples? My favorite part is the river that goes around that area. Really beautiful.....and GO UTES!

August 29, 2014 at 9:08am · Like



David X Gala I'm here for work. It's way prettier in August than in February. I know that much.

August 29, 2014 at 9:31am · Unlike · 1



Jeremy Vick Yeah, February is cold and a lot of snow. You live in Ogden right?

August 29, 2014 at 9:31am · Like



David X Gala Logan

August 29, 2014 at 8:36pm · Unlike · 1

Are you connecting with friends & family?

Who is looking at your posts?



Nicholas M. Gaughan

October 5 near Buena Vista, VA via mobile

"Doubt your doubts before you doubt your faith" –Dieter F. Uchtdorf

Unlike · Comment · Share

55 2

You, Jeff Mangum, Teresa Whiting Halliday, Jenessa Swain and 51 others like this.

Share LDS quotes,
images, & videos.
Link to the source.



Zayne Callahan shared a link.

November 8

I love this reassuring message that encourages us when we have difficulties that challenge our hopes and desires. Keep shooting for your goals. You may not reach them in your most ideal way – without falling a few times or making a few wrong turns – but with God, you will get there and be all the better for your perseverance through the trials.



Mormon Messages

www.mormonchannel.org

When making decisions, God expects us to pray, trust, and be believing and then not give up, panic, or "jump ship" when something doesn't seem to be going right.

Like · Comment · Share

8 people like this.



Audia Zarate absolutley

November 8 at 9:09am via mobile · Like · 1



Ari Karishma Dewi This video is answering my question!

November 8 at 3:51pm via mobile · Like · 1



Danielle Lee Forbush created an event.



Danielle's Forbush's Baptism!!!

Friday, April 1 at 5:00pm at 300e and 9000s. Sandy, Ut 84070 North Building

The long awaited baptism has arived! Everyone who can make it I would love for you to come and I appreciate it if you're able to come! Thanks for everyone's love and support and I'll see you on the 1st :)



15 minutes ago · [Like](#) · [Comment](#) · [Share](#) · [RSVP to this event](#)

Danielle Lee Forbush

Attention! Change of plans! On account of General Conference, my baptism is now set for April 1! 54 days:)

February 6 at 2:25pm via Text Message · [Unlike](#) · [Comment](#)

You and 12 others like this.

[View all 18 comments](#)



Danielle Lee Forbush Well if you McDermott girls weren't always so busy!

February 6 at 7:54pm · [Like](#)



Amy Champion Count me in!

February 6 at 8:28pm · [Like](#)

Post reminders for
& reflections on
church gatherings.



Eric Collyer

According to statistics in a 2006 movie on the LDS religion I helped to increase the amount of members of the church in Kenya by 2% over 2 years.

about an hour ago via Android · Comment · Like



Peninah Faith Pardon my asking but how is that possible if the movie was a 2006 one? But I think you did a tremendous job opening kisumu branch.

about an hour ago · Like



Eric Collyer Well basically this documentary said there were x amount of mormons in Kenya. And while I was a missionary, my companions and I taught 2% of that number of investigators to baptism.

49 minutes ago · Like



Kevin Cho you know one day buddy your going to have to walk me through your religion. cause LDS and i mean it in completely non offensive way is a concept that is still quite foreign to me despite the fact that i grew up in a neighborhood with a lot of mormons.

42 minutes ago · Like



Eric Collyer That's totally fine with me. We do it over chat or skype if you would like. Or if you want, they have missionaries that chat with people who are curious on mormon.org. let me know when and where you would like to do it and I will make time to do it.

19 minutes ago · Like



Kevin Cho dialog is essential to understand one another especially when it comes to religion dont you agree? and just to emphasize the fact again, i dont wish to be offensive or condescending in any manner, or do any bible bashing. just, myself, as a growing protestant would like to understand a more worldly perspective to diversity in religion.

9 minutes ago · Like



Eric Collyer that sounds fantastic. I would be more than happy to discuss it with you. Would you prefer it to be just you and I or would it be alright if I scheduled time for you, me and the online missionaries to meet together?

6 minutes ago · Like



Kevin Cho it really doesnt matter. ill be free around the 2nd week of december. lol i have usually like 30 mins throughout the day to stay online haha.

4 minutes ago · Like

Share your beliefs
& experiences.
Include LDS details.



Trudi Henning Yandt If anyone would like to meet with missionaries, I know where you can find them! :)

September 16 at 6:32pm · Comment · Like



Elder Bryan Sabin likes this.



Bob Knudtson I would.

September 16 at 9:06pm · Like

Write a comment...

ACTIVITY

Find and share or write your own LDS-themed post.

You have 5 minutes! Go!

FOLLOW-UP

What did you post?

How many likes, shares, or
comments do you have so far?



Create



Connect



Contribute



Caution



Caution



Create

Privacy: Don't include personal information in your URL.

Notifications: Unsubscribe or change your notification settings to avoid spam.



Connect

Advertisements: Hide unwanted ads and provide feedback on why you dislike the ad.

News & Feeds: Install filters, enable parental controls, or hide offensive material.



Contribute

Location: Never share your home address or current location publicly. Disable mobile GPS.

Information: Be conscientious in sharing pictures & personal information.

IN CASE OF EMERGENCY

If your account is hacked or you see inappropriate content, consider:

Closing the Browser: Shut down the internet browser you're using. If necessary, restart your computer.

Asking for Help: If another user violated your privacy, posted inappropriate content, or threatened you, report it. If you have questions or concerns, talk to a trusted friend or leader.

Deleting the Account: If worst comes to worst, it may be wise to delete your account. Stepping away is a safe solution. Consider starting fresh as you feel impressed to do so.

Avoid Arguing
Bear Testimony
Cite Sources



Create



Connect



Contribute



Caution



Caution



Create

Profile View: You can view your profile as others view it. Every so often, make sure your profile is secure from strangers.



Connect

Unfollowing: You can unfollow people without blocking them so they will never know that you aren't receiving their updates.



Contribute

Messaging: People that aren't your friends can still private message you. Be aware of who is interacting with your children.

Advice to Parents

Social Media is an integral part of the world today: you can't get away from it. It can be a useful tool to not only connect with others, but also to spread the gospel to your friends and family. Use the above tips and talk to your family about using social media safely. Have confidence in yourself, and empower your children to use these technologies, but within the bounds of being a positive light. Your family will be a light on a hill and a joy to those around them.

Facebook Q&A

Additional Resources:

[Explanation of Facebook](#)

[Facebook Help Center](#)

facebook in real life

Hi Friend!

Poke!



Extra Examples



Ashley Nicole Zahrt

"Every attempt to reflect upon the atonement, to study it, to embrace it, to express appreciation for it, however small or feeble it may be, will kindle the fires of faith and work its miracle towards a more christlike life. It is an inescapable consequence of so doing. We become like those things we habitually love and admire. And thus, as we study Christ's life and live his teachings, we become more like him" Tad R. Callister

Like · Comment · Share · November 16 at 10:35am via mobile · 📱

👍 8 people like this.



Danielle Forbush

December 1, 2010 via mobile 📱

Attention! Baptismal date is set! April 2, 2011! Be there or be square!!

Like · Comment · Share

👍 7

📱 February 6 at 2:25pm via Text Message · Unlike · Comment



Chris Workman

Wow, an Hour and a half well spent, have any questions about the mormon faith?
www.mormon.org
I just spent an hour or so chatting with a missionary who cleared up ALL of my questions,

Mormon.org

mormon.org

Helping the hopeless and the downtrodden is Sally's passion. That's partly because she was one of those people, and she knows their hearts. Now, through her mental health agency, she's a voice for those who need someone to listen.



February 4 at 5:22pm · Unlike · Comment · Share



You and Brandon M Bostick like this.

Write a comment...

Danielle Lee Forbush

Attention! Change of plans! On account of General Conference, my baptism is now set for April 1! 54 days:)



You and 12 others like this.



View all 18 comments



Danielle Lee Forbush Well if you McDermott girls weren't always so busy!

February 6 at 7:54pm · Like



Amy Champion Count me in!

February 6 at 8:28pm · Like

Extra Examples



Danielle Forbush

September 14 via mobile

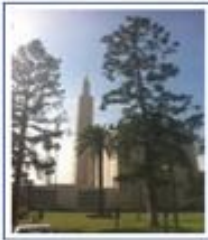
I am not ashamed of the gospel of Christ ❤️

Like · Comment · Share

Tonnie Smith and 25 others like this.



Cheri Logue Erikson



December 3, 2010 at 3:16pm via iPhone · Like · Comment · Share

👍 Keri Preece Scoresby likes this.



Cheri Logue Erikson LA Temple. Went there today. I was sealed to my parents and brother and sister 39 yrs ago. I was so awesome to finally go back there.

December 3, 2010 at 3:18pm · Like · 👍 1 person



Natalie Critchfield That is so great my friend. When do you get back?

December 3, 2010 at 3:53pm · Like



Denise Maingot My hometown temple - love it!! Rick and I were sealed there.

December 3, 2010 at 4:31pm · Like



Cheri Logue Erikson We get back Sunday. Denise... It was so cool being there!!

December 3, 2010 at 5:00pm · Like



Andrea Logue We were sealed there too, when I was 12, I won't do the math for you, it's been too long! Lots of good memories going there with my mom.

December 3, 2010 at 5:45pm · Like

Write a comment...

APPLICATION

In a small group, look up 10 of the pages on the Connect list and choose your top 3.

Be ready to talk about which ones you chose & why.

COMPETITION

Find and share or write your own post about General Conference.

First to get a like, comment, or share wins.